

# PATIENTS DESERVE TO KNOW SMOKING vs. VAPING

Vaping (aka "vaporizing") is a healthier way to ingest cannabis, compared to smoking (aka "combusting"). To help patients choose the healthier alternative, Temescal Wellness sells a variety of industry leading vaporizers. Ask your Patient Treatment Advisor today!

## SMOKING

**BAD**

COMBUSTED SMOKE CONTAINS

**12%**  
CANNABINOIDS

COMBUSTED SMOKE CONTAINS

**88%**  
NON-CANNABINOIDS

## VAPING

**GOOD**

VAPORIZED GASES CONTAIN

**95%**  
CANNABINOIDS

VAPORIZED GASES CONTAINS

**5%**  
NON-CANNABINOIDS

HOW HOT A  
CIGARETTE CAN  
**BURN**

2,012°

F°

CANNABIS BEGINS  
TO **COMBUST**

392°

338°

OPTIMAL TEMP.  
FOR **VAPORIZATION**

285°

CANNABINOIDS  
BEGIN TO **VAPORIZE**

# PATIENTS DESERVE TO KNOW WHAT IS VAPORIZATION?

Vaporization delivers therapeutic cannabinoids with far less harmful carcinogens than in smoking. Also known as "vaping", it raises the temperature just high enough to release the therapeutic molecules of the cannabis plants (aka "cannabinoids"), but not so high that it unnecessarily releases other carcinogenic substances

## BENEFITS OF VAPING:

LESS HARM ON LUNGS



FEWER HARMFUL TOXINS



FEWER SIDE EFFECTS



MORE EFFICIENT



*Temescal Wellness promotes the responsible use of therapeutic cannabis for patients registered in accordance with New Hampshire law. Patients should use cannabis only under the advice of a certifying provider.*

### Sources:

<http://www.canorml.org/healthfacts/Second-Study-Shows-Vaporizers-Drastically-Reduce-Toxins-in-Marijuana-Smoke>

<http://www.ncbi.nlm.nih.gov/pubmed/16637053>

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